

WHAT'S NEW

IN HEALTH & SOCIAL CARE FORTNIGHTLY BULLETIN

KEEPING YOU UP TO DATE WITH ALL THE LATEST RESEARCH AND GUIDANCE IN HEALTH AND SOCIAL CARE WE COLLATE IT SO YOU DON'T HAVE TO

14th August 2020

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Please note:

Research articles and guidance are selected in accordance with agreed inclusion/exclusion criteria. This is available on request and will be reviewed regularly. In brief, research is taken only from peer-reviewed, generic public health journals; guidance is taken only from reputable national organisations such as NICE, SCIE and SIGN

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ADULT SOCIAL CARE

1. The Impact of Technology in Adult Social Care Provider Services

Author: INSTITUTE OF PUBLIC CARE

Date: July 2020

Abstract: Digital Social Care (a group of organisations working to support adult social care providers) set up a helpline to provide technical help and support to providers adapting to digital platforms as Covid-19 took hold. They worked with IPC to carry out research with social care providers to help them tackle digital challenges during the pandemic and beyond. This report of the action research identifies both the challenges but also the benefits for care providers of using technology.

Websites [IPC - Report](#); [IPC - Press Release](#)

2. When your world gets smaller: how older people try to meet their social needs, including the role of social technology

Author: BRUGGENCATE, T

Journal: Ageing & Society Vol: 39 Part: 8: Pages: 1826-1852

Abstract: Social needs are important basic human needs. When social needs are not fulfilled, it can lead to mental and physical health problems. In an ageing society, meeting the social needs of older adults is important to sustain their wellbeing and quality of life. The aim of this study is to understand the social needs of older people and the role of social technology in fulfilling these needs. A qualitative explorative field study was conducted by interviewing 19 community-dwelling older adults. Based on the findings, the study concludes that the world of older individuals is getting smaller. The loss of resources, e.g. the loss of one's health and mobility, may make it more difficult for an older person to connect with the world outside, which may result in a smaller social network. It is suggested that interventions to support older adults to meet their social needs may focus on two aspects: supporting and improving the world close by and bringing the world outside a little bit closer.

Websites [Cambridge](#)



CHILDREN, YOUNG PEOPLE & FAMILIES

3. Height by deprivation decile in children aged 10 to 11

Author: PUBLIC HEALTH ENGLAND

Date: 04 August 2020

Abstract: This document shows the average height using height z score and height in centimetres for children aged 10 to 11 years measured in the National Child Measurement Programme (NCMP) between 2016 to 2017 and 2018 to 2019 by deprivation decile, sex, and ethnic group.

Websites [PHE](#)

4. Key messages from research on child sexual abuse perpetrated by adults

Author: CENTRE OF EXPERTISE ON CHILD SEXUAL ABUSE

Date: July 2020

Abstract: This paper brings together learning from existing research on child sexual abuse (CSA) perpetration by adults; CSA perpetrated by young people is common, and is discussed in the CSA Centre's '[Key messages' paper on harmful sexual behaviour](#). In keeping with the CSA Centre's typology of CSA offending, this paper refers to all forms of CSA (including both intra- and extra-familial CSA, online-facilitated CSA, and group-based CSA). However, much research relates to only one type of CSA, or looks at sexual violence as a whole. The term 'children' in this paper refers to individuals under 18 years of age.

Websites [CECSA - Report](#)

5. Family Physical Activity Planning and Child Physical Activity Outcomes: A Randomized Trial

Author: RHODES, R

Journal: American Journal of Preventive Medicine Vol: 57 Part: 2: Pages: 135-144

Abstract: Regular moderate-to-vigorous physical activity and high physical fitness are extremely important to the health of children and track to positive health profiles in adulthood. Family-based interventions to improve moderate-to-vigorous physical activity are essential given that children live within a structure of parental influence. The purpose of this study was to examine the effect of a parent planning skills intervention to support child physical activity on the subsequent moderate-to-vigorous physical activity (primary outcome) and fitness of their children across 26 weeks (primary endpoint). One hundred and two children (aged 6–12

years) who were below international physical activity recommendations at baseline were recruited through advertisements. Participants received a planning plus education intervention or an education-only intervention. The study concludes that there was initial efficacy of the planning intervention, but effectiveness waned by 26 weeks. These changes appeared to be sufficient for modest changes in aerobic fitness. Future research should aim to improve the maintenance of these early positive changes and assist parents in planning for activities that also include opportunities to improve child musculoskeletal fitness.

Websites [Science Direct](#)

6. Is Death Taboo for Children? Developing Death Ambivalence as a Theoretical Framework to Understand Children's Relationship with Death, Dying and Bereavement

Author: PAUL, S

Journal: Children & Society Vol: 33: Part: 6: Pages: 556-571

Abstract: Children's voices are missing from debates related to the idea that death is a taboo subject and this limits understandings of how children encounter death. Drawing on data from focus groups with children aged 9–12, this paper aimed to explore if and how children experience death as a taboo, but discovered that the death-taboo thesis lacks nuance, confining and misrepresenting children's experiences. Death ambivalence is thus proposed as a conceptual tool to illuminate children's relationship with death. It identifies policy and practice implications concerned with developing death literacy and brings a new theorisation to death and childhood studies.

Websites [Wiley](#)

7. Effectiveness of a school-based social marketing intervention to promote adolescent sexual health

Author: CHOU, L-N

Journal: Health Education Journal Vol: 79: Part: 1: Pages: 34-45

Abstract: Schools should design holistic sex education programmes to improve sex knowledge and enhance positive sexual attitudes among adolescents. This study determined the effectiveness of an intervention to promote adolescent sexual health in junior high schools in Southern Taiwan. A total of 1,407 seventh-grade participants completed the survey. Among the 1,407 participants, 714 were boys and 693 were girls. The results revealed that the total average sexual knowledge score of the participants was 1.55 points higher after the interventions, indicating significantly increased sexual knowledge. The sexual attitudes of participants after the interventions significantly improved compared with those beforehand. Moreover, the sexual knowledge and attitudes of participants exhibited a positive correlation. In conclusion the proposed school-based social marketing sex education programme holds the potential to improve sexual knowledge and enhance positive sexual attitudes of the junior high school students and the educational efficacy of sex education with respect to sex-related concerns.

Websites [Sage](#)

8. Awareness of product-related information, health messages and warnings on alcohol packaging among adolescents: a cross-sectional survey in the United Kingdom

Author: CRITCHLOW, N

Journal: Journal of Public Health: Early Online

Abstract: Alcohol packaging can be used to communicate product-related information, health messages and health warnings to consumers. This study examined awareness and recall of such information and messaging among adolescents in the United Kingdom. A cross-sectional survey was conducted with 11–19 year olds in the United Kingdom, with participants asked if they had seen any information, health messages or warnings on alcohol packaging in the past month (Yes/No) and, if so, what they recalled. We also assessed higher-risk drinking among current drinkers (≥ 5 Alcohol Use Disorders Identification Test-Consumption) and susceptibility to consume among never-drinkers. The study concludes that most young drinkers, including almost half of higher-risk drinkers, did not recall seeing any information, health messages or warnings on alcohol packaging in the past month, suggesting that current labelling is failing to reach this key audience.

Websites [Oxford](#)

9. A systematic review of the association between the childhood sexual abuse experiences of mothers and the abuse status of their children: Protection strategies, intergenerational transmission, and reactions to the abuse of their children

Author: BRITTANY, C

Journal: Social Science & Medicine Vol: 233: Pages: 113-137

Abstract: Child sexual abuse (CSA) represents a significant public health concern. Research shows an association between the CSA status of mothers and the abuse status of their children, how they react to the abuse of their children, and behaviors they engage in to protect their children from abuse. A systematic review of this literature has yet to be conducted, and this review aimed to fill that gap. Seven databases and search engines were searched for relevant studies from inception until March 2017. Though some heterogeneity existed, results showed that status as a mother with a CSA history (M_{CSA}) was associated with having children who experienced CSA. There was no evidence that M_{CSA} status was associated with a greater likelihood of believing their children when they disclosed abuse, although M_{CSA} status was associated with increased emotional distress. Results were mixed regarding whether M_{CSA} status was associated with perpetrating maltreatment broadly, perpetrating individual forms of maltreatment, such as emotional abuse or neglect, or having the potential to abuse. Most studies found no association between M_{CSA} status and use of corporal punishment. However, when mothers and others were combined, because the main perpetrator was not listed, it was found that belonging to this combined group was associated with increased risk of engaging in maltreatment behaviors. Finally, few studies on protective behaviors of M_{CSA} were located. Future research is needed with larger, more diverse samples using validated instruments. This information will be critical for future intervention development.

Websites [Science Direct](#)



COMMISSIONING AND ECONOMICS

10. Does public long-term care expenditure improve care-related quality of life in England?

Author: CENTRE FOR HEALTH ECONOMICS

Date: 28 July 2020

Abstract: This study investigates the marginal effect of changes in public long term care (LTC) expenditure on care-related quality of life (CRQoL) in England. Data was collected on outcomes and characteristics of public Adult Social Care (ASC) users, and on public ASC expenditure and characteristics of local authorities across England in 2017/18. The findings show that increasing public ASC expenditure by £1,000 per user generates 0.0031 additional CRQoL. These results suggest that public ASC is effective in increasing users' quality of life but only to a relatively small extent. Combined with other findings on the effect of LTC expenditure on mortality, this study can inform policy makers in the UK and around the world about whether social care provides good value for money.

Websites [CHE - Research Paper](#); [CHE - Press Release](#)



HEALTH IMPROVEMENT

11. Tackling obesity: empowering adults and children to live healthier lives

Author: DEPARTMENT OF HEALTH AND SOCIAL CARE

Date: 27 July 2020

Abstract: We have known for decades that living with obesity reduces life expectancy and increases the chance of serious diseases such as cancer, heart disease and type 2 diabetes. In the last few months we have seen that being overweight or living with obesity puts you at risk of dying from COVID-19. This document sets out a comprehensive package of measures 'Better Health campaign to help people take control of their own future by losing weight, getting active and adopting a healthier lifestyle.

Websites [DHSC - Policy Paper](#); [DHSC - Press Release](#)

12. National Food Strategy - Part 1

Author: NATIONAL FOOD STRATEGY

Date: 29 July 2020

Abstract: This independent review led by Henry Dimbleby, commissioned by the government looks at the entire food chain, from field to fork. This includes production, marketing, processing, sale and purchase of food (for consumption in the home and out of it). It also looks at the consumer practices, resources and institutions involved in these processes. The review contains urgent recommendations to support this country through the turbulence caused by the COVID-19 pandemic, and to prepare for the end of the EU exit transition period on 31 December 2020.

Websites [NFS - Review](#); [NFS - Press Release](#)

13. United Kingdom drug situation: Focal Point annual report

Author: PUBLIC HEALTH ENGLAND; et.al.

Date: 31 July 2020

Abstract: This annual report presents data, analysis and context on the drug situation across the UK. It reports on:

- the prevalence of illegal drug use
- national and regional policy and legal framework
- prevention and treatment of drug use
- the drug situation in prisons
- drug-related deaths, disease and other harm
- the illegal drug market

Websites [PHE](#)

14. Better than cure: Injury prevention policy

Author: INSTITUTE FOR PUBLIC POLICY RESEARCH

Date: 13 August 2020

Abstract: Injuries are the leading cause of preventable death in children and young people, and of preventable years of life lost up to age 65. Although the UK has been a world leader in injury prevention policy, austerity and a lack of strategy have hampered further improvement. In a post-pandemic society, the government should act on the renewed focus on public health to address the disconnect between the importance of injury prevention and its neglect in terms of funding, enforcement and strategy, to make the safety of the people the highest law.

Websites [IPPR - Report](#); [IPPR - Press Release](#)

15. Factors influencing physical activity participation among older people with low activity levels

Author: RAJNIR, R

Journal: Ageing & Society: Early Online

Abstract: Despite the well-documented health benefits of physical activity in older adults, participation levels remain low. The aim of this qualitative study was to inform future physical activity promotion interventions by examining factors contributing to low activity levels among older people undertaking less than half the recommended level of moderate-to-vigorous physical activity (MVPA). Several modifiable and unmodifiable barriers were identified, of which poor health featured most prominently. Lifetime physical inactivity, caring duties, low motivation, misperceptions of physical activity and ageing, and a lack of affordable and attractive options were the other barriers identified. The results suggest that strategies are needed to raise awareness of current physical activity guidelines, normalise engagement in MVPA throughout the lifespan, develop initiatives to motivate participation, improve the availability of affordable physical activity programmes that are attractive to this population segment, and facilitate participation among those with intensive caring responsibilities.

Websites [Cambridge](#)

16. 'It makes your life worthwhile. It gives you a purpose in living': mobility experiences among active older adults with low income

Author: FRANKE, T

Journal: Ageing & Society Vol: 39 Part: 8: Pages: 1639-1666

Abstract: The World Health Organization claims that mobility is vital to healthy ageing and is the best guarantee of older adults being able to cope and remain in their homes and communities. Mobility enables older adults to maintain their physical health, independence and participation in society. Using a constructivist grounded theory methodology, 24 in-depth interviews were conducted with six highly active community-dwelling older adults with low income, aged 65 or over, over a period of four years. The analysis identified the following themes: maintaining a sense of self, being resourceful, openness to engagement, engaging in superficial contact, experiencing social capital, accessing transportation, leaving the immediate neighbourhood and facing affordability. Findings illustrate that intrapersonal factors, in addition to environmental (built, social and cultural) and temporal-level factors, play a crucial role in mobility. In the future, this gained knowledge can be incorporated into approaches to study the multiple interrelated factors and their interrelations that influence older adults' mobility.

Websites [Cambridge](#)

17. Trends in Calories and Nutrients of Beverages in U.S. Chain Restaurants, 2012–2017

Author: FRELIER, J

Journal: American Journal of Preventive Medicine Vol: 57 Part: 2: Pages: 231-240

Abstract: Although beverages comprise one third of all menu items at large chain restaurants, no prior research has examined trends in their calorie and nutrient content. Beverages on the menus of 63 U.S. chain restaurants were the final analytic sample obtained from a restaurant nutrition database (MenuStat, 2012–2017). For each beverage type, cluster-bootstrapped mixed-effects regressions estimated changes in mean calories, sugar, and saturated fat for beverages available on menus in all years and for newly introduced beverages. Data were analyzed in 2018. The study concludes that sweetened beverages available in large chain

restaurants were consistently high in calories, sugar, and saturated fat and substantially increased in quantity and variety from 2012 to 2017.

Websites [Science Direct](#)

18. Obesity prevalence in large US cities: association with socioeconomic indicators, race/ethnicity and physical activity

Author: BENUSIC, M

Journal: Journal of Public Health: Early Online

Abstract: Obesity has a complex association with socioeconomic factors. Further clarification of this association could guide population interventions. This study aims to determine the relationship between obesity prevalence, socioeconomic indicators, race/ethnicity, and physical activity. A cross-sectional, multivariable linear regression was conducted, with data from large US cities participating in the *Big Cities Health Inventory*. Findings show that increased household income was significantly associated with decreased obesity prevalence, for White, and Black populations, but not Hispanic. These associations remained significant when controlling for the proportion of the population meeting physical activity guidelines. Educational attainment had a co-linear relationship with income, and only a bachelor's degree or higher was associated with a lower prevalence of obesity in White and Black populations. No association was found between obesity prevalence and the proportion of the population meeting physical activity guidelines for any race/ethnicity grouping. Strategies to increase socioeconomic status may also decrease obesity. Targeting attainment of physical activity guidelines as an obesity intervention needs further appraisal.

Websites [Oxford](#)



HEALTH PROTECTION

19. Flu vaccination: who should have it this winter and why

Author: PUBLIC HEALTH ENGLAND

Date: 31 July 2020

Abstract: Leaflet explaining the importance of the influenza (flu) vaccination this winter 2020 to 2021.

Websites [PHE](#)

20. Childhood Immunisation Statistics

Author: HARKER, R

Date: 05 August 2020

Abstract: This note reports on vaccinations that are given to children up to five years of age. Data is presented for constituent countries of the UK and at regional and local authority level in England. Where available international comparisons are provided.

Websites [HoC Library - Report](#); [HoC Library - Press Release](#)

21. Realising the Broader Value of Vaccines in the UK

Author: OFFICE OF HEALTH ECONOMICS

Date: August 2020

Abstract: Many health technology assessment (HTA) agencies limit their assessment of vaccines to individual health benefits and the costs associated with vaccine administration and the disease avoided. However, compared to other health technologies, the standard evaluation approaches have often been criticised as inadequate to accurately estimate the value of vaccines. This study uses a newly designed framework to capture the broader value of 10 selected vaccines with a high likelihood of entering the UK within the next decade. The findings qualify the critical gaps between value generation through vaccination and value recognition by relevant regulators. Recommendations are given to prevent the systematic undervaluation of future vaccines.

Websites [OHE - Report](#); [OHE - Press Release](#)

22. The Broader Value of Vaccines: The Return on Investment from a Governmental Perspective

Author: OFFICE OF HEALTH ECONOMICS

Date: August 2020

Abstract: Most value assessments of vaccination programs are carried out by taking the perspective of the health system. To stimulate the debate concerning the broader value of vaccination beyond this perspective, this report quantifies the related return on investment to the UK government.

Websites [OHE - Report](#); [OHE - Press Release](#)



MENTAL HEALTH AND WELLBEING

23. A Spending Review for wellbeing

Author: CENTRE FOR MENTAL HEALTH

Date: July 2020

Abstract: This paper estimates that the economic and social cost of mental ill health in England has grown in the last decade to almost £119 billion a year. This policy briefing sets out evidence-based priorities for how the Spending Review can improve the nation's mental health and tackle mental health inequalities.

Websites [CMH - Briefing Paper](#); [CMH - Press Release](#)

24. Breathing Space: An evaluation of Orbit's mental health programme

Author: HOUSING ASSOCIATIONS CHARITABLE TRUST

Date: 23 July 2020

Abstract: Orbit, an affordable homes provider, commissioned HACT to evaluate its Breathing Space programme. The programme is a mental health service established to support Orbit clients in achieving positive improvements in their mental health.

Websites [HACT - Report](#); [HACT - Press Release](#)

25. Dementia profile: August 2020 update

Author: PUBLIC HEALTH ENGLAND

Date: 04 August 2020

Abstract: The dementia profile is designed to improve the availability and accessibility of information on dementia. It provides update figures on the estimated diagnosis rate for dementia, broken down by geographical area.

Websites [PHE](#)

26. Our Place: Local Authorities and the Public's Mental Health

Author: CENTRE FOR MENTAL HEALTH; LOCAL GOVERNMENT ASSOCIATION

Date: August 2020

Abstract: Actions that promote positive mental wellbeing and prevent mental health problems help us stay healthy, live productive, meaningful lives and avoid serious and sometimes lifelong distress. Local authorities play a key role in improving the mental health of their communities, bringing together and supporting partners and citizens to address the determinants of our mental health and reduce inequalities. This report presents learning from local areas alongside an overview of the evidence for prevention and the national policy context. The councils involved seek to improve population mental health, reduce inequalities and prevent mental ill health in their communities through a combination of strategic and practical approaches. Nine case studies were examined.

Websites [CMH & LGA - Report](#); [CMH & LGA - Press Release](#)

27. Decision making and mental capacity

Author: NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

Date: 11 August 2020

Abstract: This quality standard covers decision making in people aged 16 and over, using health and social care services who may lack capacity to make their own decisions (now or in the future). It aims to support implementation of the aims and principles of the Mental Capacity Act 2005 and relevant Codes of Practice. It is not a substitute for these.

Websites [NICE - Quality Standard](#)

28. What does it mean to be exposed to suicide? Suicide exposure, suicide risk, and the importance of meaning-making

Author: OSHIO, T

Journal: Social Science & Medicine Vol: 233: Pages: 21-27

Abstract: Current research indicates that exposure to suicide is a risk factor for suicidality; however, we know little about the mechanisms through which exposure confers this risk. This study addresses this gap by examining the role of meaning-making after a suicide death in moderating individual's vulnerability to suicide. The study draws on interview data with suicide bereaved individuals in the USA the majority of whom engaged in intense meaning-making processes after their loss. The findings suggest that exposure to suicide itself is not inherently risky, though it may be inherently distressing; instead, whether it results in increased vulnerability depends on the meaning an individual makes of the experience and likely the context surrounding the death. The implications of the findings are discussed for theories of suicide contagion, suicide itself, and suicide prevention.

Websites [Science Direct](#)



WIDER DETERMINANTS

29. Living in poverty was bad for your health long before COVID-19

Author: HEALTH FOUNDATION

Date: 25 July 2020

Abstract: This long read looks at the link between health and income. It explores the nature of the economic shocks experienced in recent years, including those stemming from COVID-19, and the consequences these might have on people's health. It then considers how we might use the current crisis to build a fairer and healthier society.

Websites [Health Foundation - Long Read](#); [Health Foundation - Press Release](#)

30. Ageing prison population

Author: HOUSE OF COMMONS JUSTICE COMMITTEE

Date: 27 July 2020

Abstract: The inquiry into the ageing prison population was undertaken because the number of prisoners over the age of 60 has risen between 2002 and 2020 from 1,511 to 5,176 – an increase of more than 240%. A large proportion of older prisoners have distinct health and social care needs. Prisoners tend to have worse health than the wider community – 85 % of prisoners over the age of 60 have some form of major illness. The Justice Committee is calling on the Ministry of Justice to establish a national strategy for older prisoners, so their needs are met consistently across the prison estate in England and Wales.

Websites [House of Commons Justice Committee](#)

31. Voices from Lockdown: A Chance for Change

Author: AGENDA

Date: August 2020

Abstract: Around 1.2 million women and girls in England alone have experienced extensive violence and abuse across their lives. They are much more likely to experience a range of disadvantages. The interim findings of research, funded by The Pilgrim Trust, shows that services supporting the most disadvantaged women and girls face a perfect storm as lockdown eases, with demand surging but emergency funding dropping off. The report also highlights how many women and girls' services have innovated and adapted to the new circumstances, despite extremely challenging conditions.

Websites [Agenda - Report](#); [Agenda - Press Release](#)

32. Future-Proof the Roof: The case for sustainable investment to tackle homelessness and rough sleeping post-COVID-19

Author: SALVATION ARMY

Date: 12 August 2020

This report warns that the economic consequences of the pandemic will increase rough sleeping and force families into expensive and unsuitable temporary accommodation, like bed and breakfast, as local authorities struggle to manage rising homelessness levels. Greater and more sustained investment in England's

homelessness and rough sleeping system can materially improve its outcomes. This was true before COVID-19. It is now even more essential if the negative economic consequences arising from the pandemic are to be offset.

Websites [Salvation Army - Report](#); [Salvation Army - Press Release](#)

33. Typologies of loneliness, living alone and social isolation, and their associations with physical and mental health

Author: SMITH, K

Journal: Ageing & Society Vol: 39 Part: 8: Pages: 1709-1730

Abstract: The relationship between living alone, loneliness and social isolation, and how they are associated with health remain contentious. This study sought to explore typologies based on shared experiences of loneliness, social isolation and living alone using Latent Class Analysis and determine how these groups may differ in terms of their physical and mental health. A six-cluster typology were identified: Group 1, no loneliness or isolation; Group 2, moderate loneliness; Group 3, living alone; Group 4, moderate isolation; Group 5, moderate loneliness, living alone; and Group 6, high loneliness, moderate isolation (with high likelihood of living alone). Groups experiencing loneliness and/or isolation were more likely to report poorer physical and mental health even after adjusting for socio-demographic confounders, this was particularly notable for Group 6. The results indicate that different typologies of living alone, loneliness and isolation can be identified using data-driven techniques, and can be differentiated by the number and severity of issues they experience.

Websites [Cambridge](#)

34. Exploring the relationship between housing concerns, mental health and wellbeing: a qualitative study of social housing tenants

Author: HOLDING, E

Journal: Journal of Public Health: Early Online

Abstract: The rising prevalence of mental health problems is a growing public health issue. Poor mental health is not equally distributed across social groups and is associated with poverty and insecure housing. An evaluation of a social housing intervention provided an opportunity to explore the connections between housing and wider determinants of health and wellbeing. Interviews with social housing tenants over a two-year period were used to explore their views on housing, health and wellbeing. Poor mental health was common. The results suggest that perceptions of housing quality, service responsiveness, community safety, benefit changes and low income all have a detrimental effect on tenants' mental health. Tackling the complex nature of mental health requires a joined up approach between housing and a number of services.

Websites [Oxford](#)

35. Female genital cutting in the Gambia: can education of women bring change?

Author: MBOGE, B

Journal: Journal of Public Health Vol: Early Online

Abstract: In the Gambia, three out of four women of reproductive age have undergone Female Genital Cutting (FGC). Many studies and policy advocates suggest that for such a practice that is deeply rooted in culture, a more holistic approach focusing on educating the population will have sustainable impact. This research examined whether educational level of women has an association with their attitude towards the practice of FGC. Women with primary and secondary level education have lower odds of supporting FGC and those with higher education had the lowest odds of supporting FGC relative to women with no education at all. Education and awareness programs targeting women who are married and older, those with less education and those who are already circumcised can help change attitudes towards the practice of FGC.

Websites [Oxford](#)



OTHER

36. Public health outcomes framework: August 2020 data update

Author: PUBLIC HEALTH ENGLAND

Date: 04 August 2020

Abstract: Public Health England (PHE) has published the Public Health Outcomes Framework (PHOF) quarterly data update for August 2020. The data are presented in an interactive tool that allows users to view them in a user-friendly format. The data tool also provides links to further supporting information, to aid understanding of public health in a local population.

Websites [PHE](#)

37. Personal well-being in the UK: April 2019 to March 2020

Author: OFFICE FOR NATIONAL STATISTICS

Date: 30 July 2020

Abstract: Estimates of life satisfaction, feeling that the things done in life are worthwhile, happiness and anxiety at the UK, country, regional, county and local authority level. Covering the period in the build up to the national lockdown of the UK in response to the coronavirus (COVID-19) pandemic.

Websites [ONS](#)

38. Building Back Health and Prosperity Report of the Health Devolution Commission

Author: HEALTH DEVOLUTION COMMISSION

Date: 13 August 2020

Abstract: The Covid-19 pandemic has had a far-reaching and profound impact on the future of our health, social care, public health and economic landscape. The cross-party Health Devolution Commission believes there is now a fundamental choice to be made: between greater centralisation of NHS and social care services or a comprehensive health devolution approach which incorporates national entitlements and targets but embeds the delivery of an integrated NHS, social care and public health service within broader, powerful, democratically led local partnerships.

Websites [Health Devolution Commission - Report](#); [Health Devolution Commission - Press Release](#)

CORONAVIRUS (COVID-19)

39. Coronavirus (Covid-19): The impact on prisons

Author: HOUSE OF COMMONS JUSTICE COMMITTEE

Date: 27 July 2020

- Covid-19 presents an unprecedented public health crisis that has put additional pressure on a prison system already in a state of crisis. This report looks at the measures the Ministry of Justice (MoJ) and

HM Prison and Probation Service (HMPPS) have taken in response, focusing primarily on regime changes and strategies to manage the prison population.

Websites [House of Commons Justice Committee](#)

40. Adult Social Care and Covid-19: Assessing the Impact on Social Care Users and Staff in England so far

Author: HEALTH FOUNDATION

Date: 30 July 2020

- Analysis on the scale of the impact of COVID-19 on social care in England during the first phase of the pandemic

Websites [Health Foundation - Briefing](#); [Health Foundation - Press Release](#)

41. Adult social care and COVID-19: Assessing the policy response in England so far

Author: HEALTH FOUNDATION

Date: 30 July 2020

- Analysis of the national government policy response during the first phase of the pandemic

Websites [Health Foundation - Briefing](#); [Health Foundation - Press Release](#)

42. Life on Hold: Children's Well-Being and Covid-19

Author: CHILDREN'S SOCIETY

Date: 30 July 2020

- The report combines findings from The Children's Society's annual household survey conducted in April-June 2020 with over 2,000 young people aged 10-17, and a consultation with 150 children, seeking more in-depth information on the impact of Coronavirus and the associated lockdown on their lives
- It found 18 per cent of children were dissatisfied with their lives overall. That is a marked increase in a figure which has ranged from 10 per cent to 13 per cent over the last five years and states that the coronavirus crisis and lockdown is likely to explain the worrying surge. It also found that half of parents expected coronavirus to harm their children's happiness over the coming year.
- The report discusses the implications and recommendations for policymakers to address and reverse the adverse impact of the pandemic on the well-being of some children.

Websites [Children's Society - Report](#); [Children's Society - Press Release](#)

43. The Experience of People Approaching Later Life in Lockdown

Author: CENTRE FOR BETTER AGEING

Date: 29 July 2020

- In collaboration with Ipsos MORI, this report takes a look at the effects of the COVID-19 pandemic on the lives of those aged 50-70 in England.
- The report reveals dramatic changes to people's lives and their plans for the future.

Websites [CBA - Report](#); [CBA - Press Release](#)

44. Cancer Patient Experience Survey 2020: The Impact of Covid-19 on Cancer Patients in the UK

Author: CANCER RESEARCH UK

Date: 28 July 2020

- According to survey results by Cancer Research UK, one in three cancer patients said their treatment has been impacted by the effects of COVID-19 on the health system.

- Around two thirds (64%) of patients said that the NHS's ability to support their emotional well-being or their mental health had been impacted.
- For the majority of cancer patients the government actions cancer patients most strongly support were: to put in place and keep in place practices including PPE and safe spaces that allow cancer patients testing, treatment and care to continue safely; and to put in place measures to address the backlog of cancer patients and ensure screening and diagnostic capacity is returned to normal as quickly as possible.

Websites [Cancer Research UK - Report](#); [Cancer Research UK - Press Release](#)

45. Coronavirus and the social impacts on Great Britain: 31 July 2020

Author: OFFICE FOR NATIONAL STATISTICS

Date: 31 July 2020

- Indicators from the Opinions and Lifestyle Survey covering the period 22 to 26 July 2020 to understand the impact of the coronavirus (COVID-19) pandemic on people, households and communities in Great Britain.

Websites [ONS](#)

46. Over-Exposed and Under-Protected the Devastating Impact of COVID-19 on Black and Minority Ethnic Communities in Great Britain

Author: RUNNYMEDE TRUST

Date: 05 August 2020

- This survey report (conducted by the Runnymede Trust and ICM in June 2020), illuminates why BME groups are at greater risk from Covid-19: they are more likely to be working outside their home, more likely to be using public transport, more likely to be working in key worker roles, less likely to be protected with PPE and more likely to live in multigenerational, overcrowded housing, so much less able to self-isolate and shield.

Websites [Runnymede Trust - Report](#); [Runnymede Trust - Press Release](#)

47. Babies in Lockdown: Listening to parents to build back better

Author: BEST BEGINNINGS

Date: 05 August 2020

- This report explores the pandemic and lockdown reflections from a diverse group of expectant and new parents during the critical first months and years of their babies' development

Websites [Best Beginnings - Report](#); [Best Beginnings - Press Release](#)

48. Hear us: The experiences of refugee and asylum-seeking women during the pandemic

Author: SISTERS NOT STRANGERS

Date: August 2020

- Sisters Not Strangers, a coalition of eight organisations, surveyed over 100 asylum seeking women from England and Wales to hear how they are surviving during the COVID-19 pandemic
- The survey was completed by women seeking and refused asylum, as well as those with leave to remain. These responses were supplemented by a survey of 24 staff and volunteers who have been supporting asylum-seeking women since the outbreak

Websites [Sisters not Strangers - Report](#); [Sisters not Strangers - Press Release](#)

49. Mental Health Services and Covid-19: Preparing for the Rising Tide

Author: NHS CONFEDERATION

Date: 12 August 2020

- COVID-19 has and will continue to have huge implications for mental health providers and the individuals they support.
- This report from the NHS Reset campaign considers what mental health services need to prepare for the expected surge in demand. It also highlights how the health and care system can 'reset' the way care and support are planned and delivered in aftermath of Covid-19.

Websites [NHS Confederation - Report](#); [NHS Confederation - Press Release](#)

50. How might COVID-19 affect the number of GPs available to see patients in England?

Author: HEALTH FOUNDATION

Date: 06 August 2020

- Across England, at least 8% (3,632) of GPs are deemed at 'high risk' of death from COVID-19. This report reveals that one in three (32.7%) general practitioners (GPs) who singlehandedly manage a GP practice are at high risk of death from COVID-19. This could potentially leave 710,043 patients without face-to-face appointments with their GPs if those at high risk take the difficult decision to limit direct patient contact.
- NHS England guidance suggests that NHS staff at potentially higher risk from COVID-19 are risk assessed and have their activities adjusted accordingly, including ceasing face-to-face patient contact. Factors including age, sex and ethnicity can all contribute to greater risk of death from COVID-19.

Websites [Health Foundation - Long Read](#); [Health Foundation - Press Release](#)