

## Health Checks in Croydon (2013-2018)

On 12 June 2018, the NHS released annual figures relating to those offered and receiving health checks in 2017/18: [http://www.healthcheck.nhs.uk/commissioners\\_and\\_providers/data/](http://www.healthcheck.nhs.uk/commissioners_and_providers/data/)

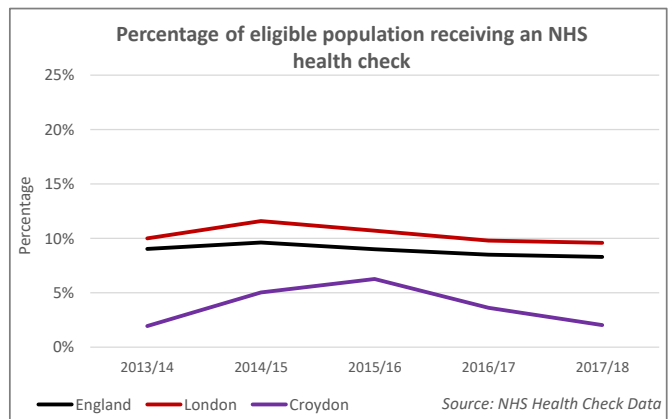
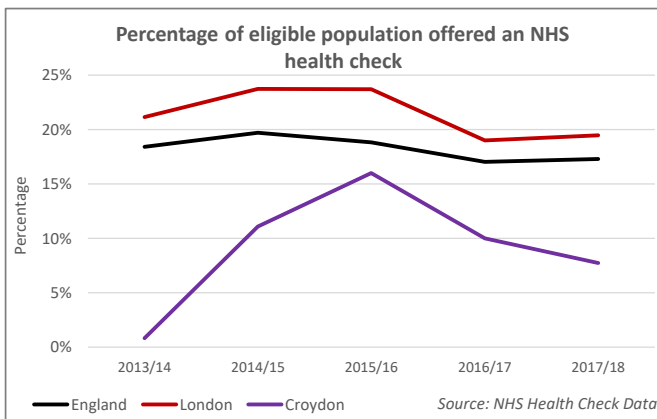
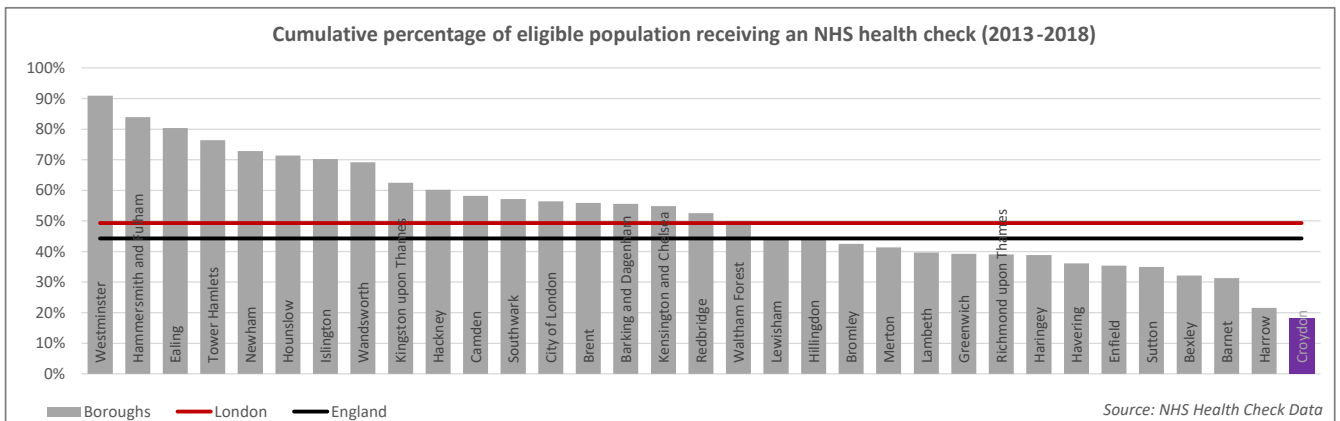
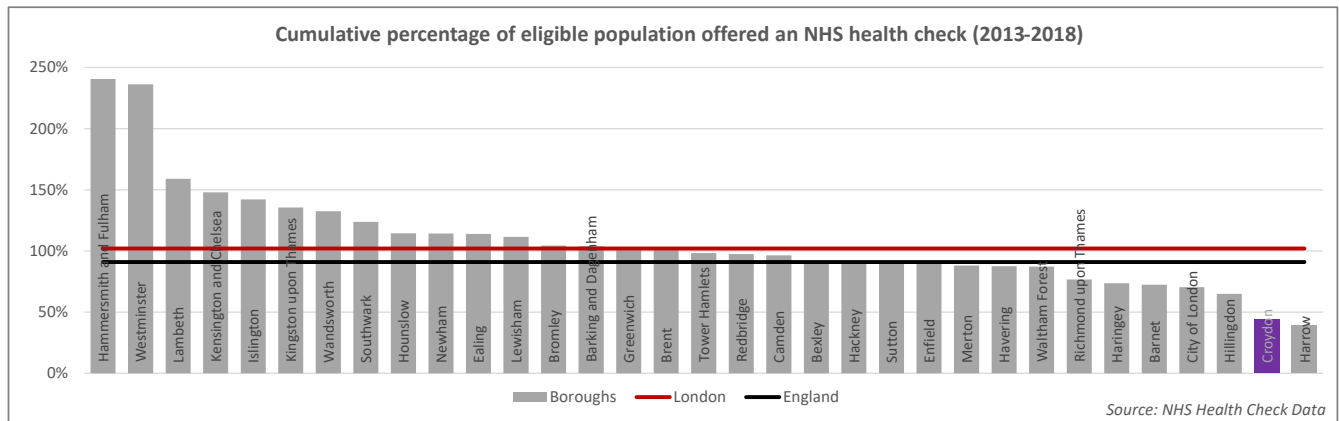
The NHS Health Check is a health check-up for adults aged 40-74 designed to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia. Everyone aged 40 to 74 years old in England should be invited for a free NHS Health Check once every five years (apart from those already seeing their GP for certain conditions).

Public Health England (PHE) and the Local Government Association (LGA) have advised that 20% of the eligible population should be invited each year, therefore achieving 100% of 40-74 year olds offered a health check within a five year period.

Croydon has the second lowest offer rate in London, and the third lowest rate in England with 44% of the eligible population offered to attend a health check after five years.

Similarly, Croydon has the lowest received rate in London and the second lowest rate in England with 18% of the eligible population receiving a health check after five years.

Following an increase in 2014/15 and 2015/16 the offered and receiving rates have both dropped in the past two years.



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PHE and the LGA aspire to achieve more than 75% uptake nationally across the five year period, so 75% of those offered a health check to receive one.

In 2013/14 in Croydon, the number of those receiving the health check was higher than the number offered causing an uptake of 235%. Since then this proportion has been steadily decreasing, 2017/18 data shows the uptake at 26%.

Uptake across the five year period in Croydon is 41%, slightly lower than the London and England averages.

