

# Croydon 2012/13 JSNA Briefing

## Depression in Adults and Interventions for Serious Mental Illness

Every year NHS Croydon, Croydon Council and their partners jointly undertake a JSNA (Joint Strategic Needs Assessment). JSNAs are the means by which these organisations work together to understand the current and future health, care and wellbeing needs of their community. Findings are used to inform future priorities thereby helping to plan services more effectively.

JSNAs from previous years can be accessed here <http://www.croydonobservatory.org/jsna/>

The theme of the 2012/13 JSNA is mental health and will include an overview chapter and three in depth analyses. The overview chapter will describe Croydon's changing demography & need, and will also look at population wellbeing. The three in-depth topics are: Emotional health and wellbeing of children 0-18 years (For further details contact [Kate.Naish@croydonpct.nhs.uk](mailto:Kate.Naish@croydonpct.nhs.uk)); Depression in adults; Early intervention for serious mental illness.

### Depression in adults

- It will provide an overview of current and future need, identify gaps and assets in the management of depression, and identify priorities for future development.
- It will include adults and older adults (19 years and over) with mild, moderate and severe depression both diagnosed and undiagnosed.
- It will include depression in people with long term physical conditions.
- It will not consider well-being/prevention which will be part of the overview chapter.

### Serious mental illness

- It will focus on people with psychosis.
- It will in the main include adults and older adults (aged 19 yrs and upwards) but may also consider younger people with early symptoms of psychosis.
- It will provide an overview of current and future need, identify gaps and assets in interventions to keep people with serious mental illness out of hospital, and identify priorities for future development.

We expect both chapters to be published by the end of December 2012.

### Giving your views

There are two ways for people to comment, raise issues and make suggestions:

#### 1. By completing a brief survey

This can be accessed via the following link:

[https://www.surveymonkey.com/s/jsna\\_depression\\_serious\\_mental\\_illness](https://www.surveymonkey.com/s/jsna_depression_serious_mental_illness)

Here you will be asked to answer 3 questions on depression and 3 on serious mental illness. You can answer one or both sections. We encourage responses from anyone with an interest in these areas including organisations and people who may or may not have a mental health problem. The survey will be open until the end of September. The responses will be used to inform the findings of the depression and serious mental illness JSNAs.

#### 2. By attending the JSNA consultation event on the morning of 13<sup>th</sup> September

This will provide invitees with the opportunity to comment on the interim finding, identify assets and gaps, and identify priorities for development. Contact Fiona Assaly for details

[Fiona.Assaly@croydonpct.nhs.uk](mailto:Fiona.Assaly@croydonpct.nhs.uk)

*Bernadette Alves, Depression chapter lead [Bernadette.Alves@croydonpct.nhs.uk](mailto:Bernadette.Alves@croydonpct.nhs.uk)*

*Martina Pickin, Serious mental illness chapter lead [Martina.Pickin@croydonpct.nhs.uk](mailto:Martina.Pickin@croydonpct.nhs.uk)*